

Key Words, Phrases, and Concepts for Exploring the Omushkego Good Life and Life on the Land

Name:

Community:

Date of Birth:



“The concept of the Cycle of Life model is language oriented and its application is based on the cyclical cycles of nature that influences the lives of the Omushkego people. The names of the lunar months illustrate nature’s activity beginning from the Eagle Moon (new year) as it progresses into six seasonal changes and climaxing into the Great Moon (end of year). Traditionally, life of the Omushkego people was and still is engraved by the cycles of nature. This is best reflected in the Omushkego language. ...”

— from *The Omushkego Language and Culture Curriculum: Omushkego Culture, 2014*

Using Cree syllabics or English orthography, please complete the following questions to the best of your knowledge or understanding:

1. What words or phrases would you use to describe *milo pimatisiwin* (the good life)? Please describe these words or phrases as fully as you can.

2. What are some key concepts essential to gaining an understanding of life on the land? Please explain these concepts.

3. What words related to life on the land describe resiliency? (resiliency: an ability to recover from or adjust easily to adversity, hardship, or change) Please explain these words using examples.

4. What terms related to life on the land are falling out of use? Please explain these terms as fully as you can.

5. Do you have any other comments or concerns related to the good life or life on the land as they relate to understanding traditional Omushkego culture?

